

# Mental Health Crisis Services in Multnomah County

Call  
Here.....



## Multnomah County Crisis Line

503-988-4888

1-800-716-9769

TTY: 503-988-5866

24 hour crisis line

Information about where to go

Brief Crisis Phone Counseling

Or Walk  
In.....



## Cascadia Urgent Walk-In Clinic

Open everyday from 7:00am-10:30pm

Serves Adults, Children, and Families

2415 SE 43<sup>rd</sup>

(Use west entrance at SE 42<sup>nd</sup>/Division)

(503) 963-2575

Bus #4

Or We'll  
Come to You



## Child, Family and Adult Mobile Outreach

503-988-4888

1-800-716-9769

TTY: 503-988-5866

24 hours a day, 7 days a week

Culturally competent services





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## Crisis Services

**Washington County Crisis Line:** 503-291-9111 (se habla español)

**Hearing Impaired:** TDD 1-800-735-2900

Help is available 24-hours a day, 7 days a week for people experiencing a mental health crisis. Concerned friends, family or community members are also encouraged to call. Please call **Washington County Crisis Line at 503-291-9111** to speak with a mental health professional. If you speak a language other than English, a phone interpreter will be provided.

If you are facing a life-threatening emergency, please dial 911. If you are a military veteran in crisis, please call 1-800-273-TALK (8255) and press 1 for support specific to veterans.

### The Washington County Crisis Line

The Washington County Crisis Line is staffed with experienced counselors who have at a minimum a masters degree. The Crisis Line provides assessment, crisis intervention, referrals to local resources and treatment. The Crisis Line works closely with other community crisis services including the Crisis Team, 911 and local emergency rooms.

### The Washington County Crisis Team

The Washington County Crisis Team is comprised of masters-level clinicians who can respond 24 hours a day to children and adults in crisis when face-to-face contact is needed. There is no charge for this service. Available services include:

- † Urgent mental health and safety assessments at our clinic in Beaverton or in the community as needed
- † Assistance with referrals for ongoing treatment services and resources
- † Brief crisis stabilization and safety planning
- † Prioritized response for police, fire and EMS on mental health calls
- † Interpreters are provided for non-English speakers

Referrals to the Crisis Team are made by the Washington County Crisis Line. Please call **503-291-9111** to discuss your situation.

### The Mental Health Response Team (MHRT)

Trained crisis clinicians ride with the Washington County Sheriff's Office and respond with deputies on mental health calls that come through 911. The team provides direct collaboration between dedicated law enforcement and behavioral health professionals for the best outcomes in emergency situations. At this time, MHRT is available 7 days a week from 11 a.m. - 11 p.m. and takes referrals from Washington County 911 as well as direct requests from municipal police agencies in Washington County. For more information, please see the [MHRT page](#) on the Sheriff's website.

### Other Crisis Resources

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

Oregon Youthline: 1-877-968-8491 or text: teen2teen to 839863

David Romprey Oregon Warmline: 1-800-698-2392



# Crisis Services

*If you are experiencing a mental health crisis the Clackamas County Crisis Line is available 24-hours a day, 7 days a week by calling (503) 655-8585*

## What is Crisis Services?

Crisis Services provides 24-hour help for people experiencing a mental health crisis. We provide consultation, evaluation, and assistance from mental health professionals.

## How can you contact us?

Call the Clackamas County Crisis Services Line and ask to speak to a crisis counselor. Crisis counselors can assist you directly, or refer you to other services.

*Clackamas County Crisis Services Line: (503) 655-8585.*

Please feel free to call the crisis services line if you have any questions or are in need of general information as well.

## What Services do we offer?

### 24-hour Crisis Response Team

Our 24-hour Crisis Response Team consists of trained crisis clinicians who are able to respond 24-hours a day to people in need of crisis services. Our response may include everything from telephone intervention to coordinating same-day, emergency mental health assessment. Crisis services are available to anyone living in Clackamas County, regardless of ability to pay or insurance plan. Services can include:

- Phone crisis intervention.
- Phone assessment and referral to appropriate provider(s) based on insurance/payment source.
- Emergent (same day) or urgent (within 48 hours) intake appointments.
- Brief (3-6) treatment sessions for crisis stabilization.
- Consultation to peace officers and help with hospital bed search.
- Meeting with families to initiate a formal pre-commitment investigation through the 2-Party Petition process.
- Monitoring committed individuals discharged from the hospital on 'trial visits' (allowed to live in the community under certain conditions).
- Community consultation, information and referral to other agencies or services.
- The crisis program also consults to outpatient clinic staff and community members, law enforcement, and local service providers who are involved with individuals in mental health crisis.

(503) 655-8585 ask to speak to a crisis counselor

M-F 8:30 a.m.– 8:30 p.m.

Weekends 10 a.m.–6:30p.m.

After hours crisis staff are on-call, responding to calls from their homes. This after-hours system is also supported

24-hours a day, seven days a week by an on-call administrator.

### **Intensive Case Management Services**

Intensive case management helps people who have received acute psychiatric care. Case managers help people in need by carefully coordinating services and discharge planning after they have been released from an acute care facility.

### **Walk-In Clinic: Centerstone**

Centerstone provides walk-in services for people in urgent need of mental health care. These services include a safety screening, a resource needs assessment, safety planning if necessary, and referral to either crisis services or other, appropriate options. We offer peer support services, including weekly support groups. All residents of Clackamas County are entitled to use Centerstone's walk-in services.

11211 SE 82<sup>nd</sup> Ave, Suite 0  
Happy Valley, OR 97086 [map](#)

(503) 655-8585

M–F 10 a.m.–8 p.m.  
Weekends 10 a.m.– 7 p.m.

### **Outreach Clinic**

The outreach clinic is staffed by teams of clinical experts who respond to requests for assistance from the community. This service is available to any resident of Clackamas County and is a scheduled (rather than immediate) service, though often outreach can be arranged for the same day as the request. Services include an on-site safety screening, a resource needs assessment, safety planning if necessary, and referral to crisis services or other, appropriate options.

(503) 655-8585

M–F 10 a.m.–8 p.m.  
Weekends 10 a.m.– 7 p.m.

### **Sheriff's Office Outreach**

The Sheriff's Office Outreach Team is staffed by two trained clinicians who work directly with the Clackamas County Sheriff's Department. When deputies make contact with individuals who are showing signs of trouble with symptoms of mental illness or drug abuse, the outreach team is able to provide on-site assessment, case management, and support in order to reduce unnecessary arrests and referrals to hospital services. At this time, the Sheriff's outreach team takes referrals from within the Sheriff's department only.

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